### **SEEING AND BEING**

#### Teacher leads discussion

Every day we look at objects, people and situations. It helps us to discover the world around us. You will explore questions about who you are, which groups you belong to, how other people see you and how you see other people.

# **Exercise 1: Finding Similarities & Differences**

Teacher initiates the activity by posing a series of questions, prompting the children to physically position themselves according to their responses. For example, the teacher might ask questions like:

- 1. "If you like cats, stand on this side. If you like dogs, stand on the other side."
- 2. "If you prefer toast for breakfast, stand here. If you prefer cereal, stand there."
- 3. "If your favourite colour is blue, stand on this side. If your favourite colour is red, stand on the other side."

This activity encourages children to move around, express their preferences, and discover commonalities or differences with their peers. It promotes communication, cooperation, and a sense of community within the group.

Additionally, the activity helps in developing social skills, fostering a positive and inclusive environment for the students to learn about each other in a fun and interactive way. It also encourages children to contemplate their feelings towards those who share similar preferences as opposed to those who differ from them.



# **Exercise 2: Picture Yourself Bingo**

Students complete the following questions and then find other students who have the same answers. When a pair of students who have identical answers find each other, they call BINGO!

I come from
I live in
I believe
It's important for me to
I like studying
I am interested in

#### **Group discussion:**

- Compare the answers each of you gave. Are there similarities?
- Were you surprised at the similarities? Differences?
- What does the exercise tell us about the assumptions we make about other people?
- Link to the following exercise of Grouping and Judging