

Grouping and judging

When we decide that someone seems different we consciously or unconsciously group them. The groupings often go hand-in-hand with a value judgement. Sometimes we also attribute particular characteristics to that other group. When we interact with people that we have grouped in a negative way it can lead to acts of discrimination.

The 'discrimination' does not happen automatically. We can all rethink how we group and judge people.

Forms of discrimination

People who are discriminated against are harmed. Discrimination on an individual level can take the form of insults or physical violence.

Discrimination can also be structural, for example when a group has restricted access to education or housing.

Antisemitism

Antisemitism is when people treat others differently or unfairly just because they are Jewish. It means having negative feelings or actions towards Jewish people based on their religion or background. It's important to be kind and treat everyone with respect, no matter where they come from or what they believe in.